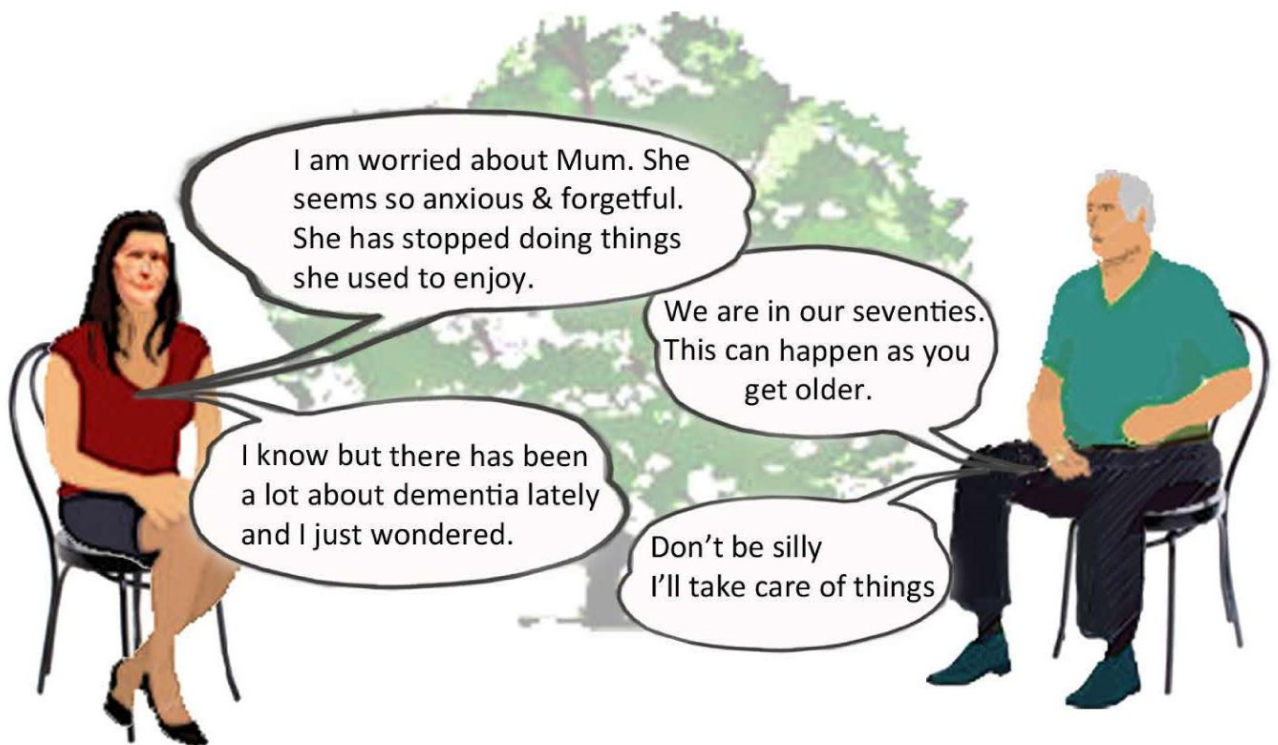


# DEMENTIA AWARENESS



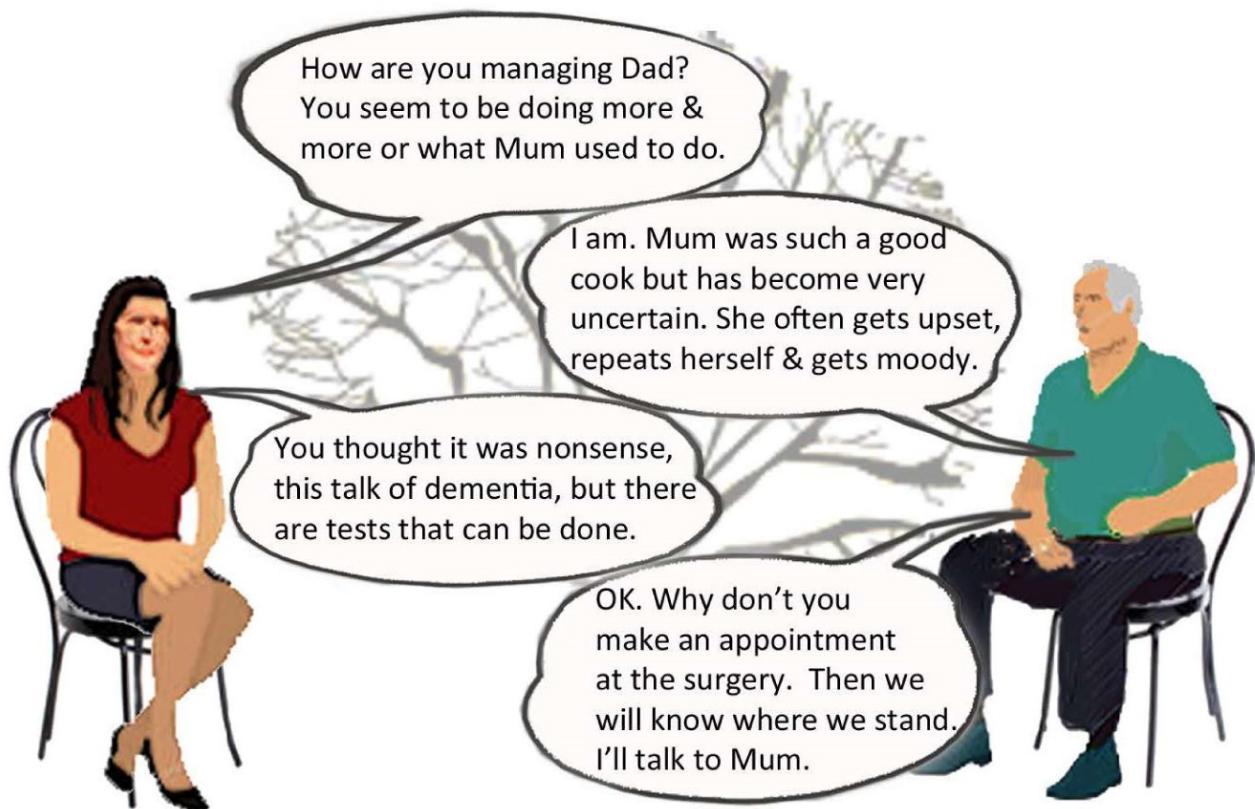
Spring - Woman talks to her Husband



Summer - Woman talks to her Father



## Autumn - Woman talks to her Father



## Early Winter - they talk again

# **DEMENTIA AWARENESS**

**Do not ignore symptoms such as those shown in the previous scenes!**

**See your doctor, if only to seek reassurance.**

Drugs are being developed that may defer the onset of dementia, if started early. Do not ignore any of the symptoms that worry you. Seek reassurance if any of these problems are observed:

- Short term memory loss - for example, forgetting to do things, forgetting what has recently been done or repeating things like stories that have recently been told.
- Difficulty performing routine tasks, for example paying bills, doing laundry, using credit cards, even making a cup of tea or a sandwich.
- Disorientation with either time or place. What time of year is it? Where do I live? Where am I now?
- Repeated problems with words or language.
- Suddenly forgetting what you are doing or why you are doing it.
- Misplacing things and general uncertainty.
- Mood swings or changes in demeanour.
- Changes in personality.
- Not wanting to do things, for example to socialise or to go out.

These can all be related to getting older or just getting fed-up with a routine but they may be indicative of something more serious.

**Check with your doctor!**

In memory of  
Patricia Amy Sullivan

Sponsored by  
The West Windsor Residents' Association  
and  
All Saints Church, Dedworth